

# MEET THE TEAM



## RUSSELL LAM, MD

Dr. Russell Lam is a graduate of The University of Texas Health Science Center in San Antonio, and he performed his surgical residencies at Baylor College of Medicine. Dr. Lam completed his vascular and endovascular fellowships at Columbia University College of Physicians and Surgeons and at Cornell University Medical Center. He founded Lam Vascular & Associates in 2009.

Over the course of his career, Dr. Lam has performed more than 10,000 complex peripheral interventions and has been credited with preventing thousands of foot and leg amputations.

**Dr. Lam is recognized on a national, state and local level for his excellence in vascular care.**



## CASSIDY DURAN, MD

Dr. Cassidy Duran has the distinction of being the first graduate of the groundbreaking integrated vascular program at Houston Methodist Hospital, receiving seven years of intense training focused exclusively on clinical practice and research in vascular surgery.



## ESTHER MIHINDU, DO

Dr. Esther Mihindu completed a rigorous fellowship in Vascular and Endovascular Surgery at the renowned Ochsner Clinic Foundation, winning the coveted S. Timothy String President's Award from the 42nd Southern Association for Vascular Surgery in her final year.



## COURTNEY WRIGHT, NP-C

Courtney began her journey in healthcare as a Registered Nurse in the Intensive Care Unit of Mercy Health Center in Oklahoma City. As she served across Neuro/Trauma care, medical and surgical ICUs, Courtney was able to serve patients with a variety of specific needs.



## BLESSINGS TANGWA, NP-C

Blessings has diverse experience in the medical field including medical and surgical units, intensive care units, hospice, home health, collegiate preceptor and case manager of patients of diverse ethnicities and socioeconomic backgrounds.



LAM VASCULAR  
— & ASSOCIATES —

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